



**RC Health Services**

EMS Academy



# Your Journey to Becoming an EMT

A COMPREHENSIVE GUIDE BY  
RC HEALTH SERVICES

[www.RCHealthServices.com](http://www.RCHealthServices.com)



Welcome to the rewarding world of Emergency Medical Services (EMS)! This guide outlines every step in your journey to becoming a certified Emergency Medical Technician (EMT) with RC Health Services, your trusted partner in superior EMT training.

# Why Choose RC Health Services

## State Approved Services

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We offer both physical and online EMT training programs that meet National Registry of Emergency Medical Technicians (NREMT) standards.

## Flexible Learning Options

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Choose from hybrid instructor-led classes, self-paced online learning, or in-person classes to fit your schedule.

## Expert Instructors

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Our dedicated faculty, comprised of experienced practitioners and educators, ensure you receive top-notch knowledge and practical skills.

## Career Support

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We go beyond training, providing career guidance, and ongoing educational opportunities. Provided as part of BLS, NIMS, Traffic & Safety Management, Alzheimer's Care Training for first Responders.



**Now, let's embark on your EMT journey!**

# 1. Assess Your Eligibility.

## Age

Meet the minimum age requirement of your state, 18 years old.

## Education

Possess a high school diploma, GED or equivalent.

## Physical Demands

Be able to perform physically demanding tasks, including lifting, kneeling, and carrying equipment.

# 2. Choose Your EMT Level

## EMT Basic

The entry-level course, providing skills in basic life support (BLS), airway management, oxygen administration, and trauma assessment.

## AEMT - Advanced EMT

Builds on EMT-B, adding skills in advanced airway management, intravenous (IV) therapy, medication administration, and cardiac monitoring.



## 3. Select Your Training Program



### Traditional Programs

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We offer in-person classroom settings at select RCHS locations. Enjoy live interaction with instructors and classmates, hands-on labs, and clinical rotations.



### Online Programs

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Our comprehensive online curriculum allows you to learn at your own pace with interactive modules, an eBook, audiobook, and more! Enjoy working at your own pace through the didactic portion, in-person skills, and clinical rotations.



### Hybrid Programs

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We offer hybrid/virtual classroom settings in our Hybrid Program. Enjoy live interaction with instructors and classmates in a virtual classroom setting, in-person, hands-on labs, and clinical rotations.

## 4. Enroll and Prepare

### Application

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Complete the RC Health Services online application and submit your US government- issued ID. It's that easy!

### Financing

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Explore affordable tuition payment programs offered by RC Health Services. No separate financing needed!



# 5. Program Structure

## **Online Didactic Portion (140 hours)**

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Self-paced, online learning modules covering EMT knowledge and skills.

## **Skills Days (on-campus)**

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Practical hands-on training with experienced instructors at select locations across the US (see details below). These can be overlapped with the latter half of the online portion.

## **Clinical Rotations (externships)**

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Supervised practice with real patients at affiliated hospitals and ambulance services (locations assigned at the end of the course based on your availability).



## Additional Notes

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Skills days can be attended at various RC Health Services locations across several states. Some locations have restrictions based on the states EMS program.

Clinical rotations will be attended only at affiliated EMS Agencies.

## Program Timeline

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You have 6 months to complete the entire program, including online modules, skills days, and clinical rotations.

## Required Uniform

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- Black or navy blue EMT style pants
- Navy blue polo shirt
- Black non-slip boots
- Black belt
- Watch with visible seconds or timer function
- Manual blood pressure cuff
- Stethoscope



## 6. Prepare for Certification

### **NREMT Cognitive Exam**

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Take a comprehensive written exam covering all EMT training content. RC Health Services provides comprehensive exam preparation resources and workshops.

## 7. Earn Your Certification and Start Your Career:



### **State Licensure**

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Apply for your EMT license with your state EMS agency. Each state has specific licensure requirements.



### **Lifelong Learning**

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Continue your professional development with RC Health Services' ongoing educational opportunities, including advanced certifications and specialized training.



# RC Health Locations

**RC Health Services offers online classes, providing flexibility to learn at your own pace from anywhere.**

Additionally, we have physical locations nationwide where you can attend traditional or hybrid classes, combining online and in-person learning. Below is a list of our physical locations.

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## **Florida**

Jacksonville

## **Georgia**

Stockbridge

Acworth

## **Idaho**

Boise

## **Louisiana**

New Orleans

## **North Carolina**

Charlotte

## **Oklahoma**

Oklahoma City

## **Texas**

Austin

Fort Worth

Irving

Pearland

Richardson

San Antonio

Spring/Woodlands





Ready to make a difference in people's lives during their most critical moments Remember, RC Health Services is your partner throughout your career, providing ongoing support and resources.

Contact RC Health Services today to take your first step towards a fulfilling career as an EMT!

Website: <https://rchealthservices.com/>

Phone: 281-416-5939

Email: [emsenroll@rchealthservcies.com](mailto:emsenroll@rchealthservcies.com)

Disclaimer: This guide is for informational purposes only.